Program Themes and Topics

- History, origin, and development of Moxibustion (Okyu)
- Precautions, recommendations and contraindications
- The science and research of Okyu
- Various Okyu techniques and styles
- Okyu tools and rolling methods
- Using the Okyu Practice Board
- General rules of application of Okyu
- Fukaya's long and short bamboo tube for treatment and diagnosis
- Fukaya's Okyu style, special points and treatment for disease
- Hirato Motoshiro’s Slotted Bamboo Moxa and Moxa Box methods
- Hata Minae’s Nepalese Moxa technique
- Sakamoto Koichi’s family tradition of Hacho Moxa treating inside the mouth for gums, oral ulcers and teeth
- Ontake’s Warm Bamboo
- General Whole Body Root Treatments: Sawada style, Fukaya style, Dr. Kim’s Korean style, Dr. Hara style, New Moon style, Nourishing Life style, and Manaka style
- Kazuko Itaya’s treatment strategies
- Application of Okyu for symptom control from various styles such as Sawada, Bunshi Shirota, and Fukaya
- Electric Moxa

- A variety of treatment strategies for: specific points unique to the moxa tradition, autonomic nervous system balancing, biorhythmic moxa, treatment for fertility and pregnancy, and home therapy
- Indirect Moxa: Kamaya mini, Ibuki, Salt moxa, Platform moxa, Bokyu (stick moxa), Kyutoshin (needle-head moxa), Moxa box, Heat lamps, Chinetskyu, Pressing moxa, Steaming moxa, Fumigating moxa and Non-Mugwort moxa
- String moxa, Liquid moxa and Plasters
- Pediatric Okyu
- Treating skin tags, ganglions and warts
- Treating inflammation
- Tiger Warmer, Elephant Warmer, and Rolling Drum
- Scarring moxibustion and alternatives
- Smokeless moxa Through and Through methods
- Two Point moxa therapy
- Moxa with Channel Stretching
- Moxa with Metronome Channel Frequencies
- Moxa and Colour Therapy
- Daily Channel Biorhythms and the Circadian Treatments
- Open Points
- Dosage of treatment and correcting overdosing
- Sensitive patients and difficult, stubborn conditions
- Treatment of acute and chronic conditions

Traditional Japanese Moxibustion Therapy Course

taught by

Paul Movssessian

5 weekends
starting in March 2017

A central Sydney location. Venue TBA

Sydney

Helio
Quality TCM Supplies
You Can Expect

- A comprehensive understanding about the functions, benefits, and mechanisms of moxibustion.
- A thorough exploration of the conditions moxibustion can treat.
- Extensive training in the many styles that exist in Japan, some never having been taught outside of Japan, as well as the safe usage, dosage and contraindications.
- To leave this course with the clinical tools and confidence to start treating a range of patients - from children and sensitive patients, to the elderly; as well as a range of conditions from acute to chronic, to the stubborn painful conditions; those during pregnancy, as well as the maintenance of health.

Traditional Japanese Moxibustion Therapy Course

The Program

Have you ever thought there must be more to moxibustion than holding a moxa stick at a point? There is! In Japan one is trained and licensed in moxa separately to acupuncture, herbs or bodywork.

Having its own tradition and classics moxibustion is a stand-alone therapy, useful for a wide variety of conditions.

Japan has maintained and developed many lineages, traditions, and styles with a variety of applications of this age-old medicine.

For the first time ever we will be offering a five-weekend Moxibustion Training Program.

In Moxibustion Therapy there is a close relationship between the herb and the body, and there is an aspect to treatment.

In this way we are able to access the body at a deep blood level, support the immune system, regulate the nervous system, or control symptoms. The course is comprised of theory and supervised practice, providing a high level of clinical relevance.

Learning Outcomes

- Transferring the theories of East Asian Medicine to the application of the modern world and current diseases.
- Mastering the skills to apply a variety of techniques ranging from direct to indirect moxibustion methods.
- Understanding safety, precautions, contraindications, and home therapy.

Workshop details for 2017

Dates:  
Weekend 1 - March 11th & 12th
Weekend 2 - May 6th & 7th
Weekend 3 - July 8th & 9th
Weekend 4 - September 23rd & 24th
Weekend 5 - November 25th & 26th

Time: 9:00am to 5:00pm

Venue: A central Sydney location. Venue to be announced.

Cost:

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<td>$2420 (Inc. GST)</td>
<td>$2200 (Inc. GST) if paid in full by 3rd February 2017</td>
<td>$2000 (Inc. GST)</td>
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Deposit: $200 required to secure your place (non-refundable).

Payment Plan is available - requires participants to pay 5 instalments of $484 (Student $400) before the commencement of each weekend.

Refund policy: Course is non-refundable unless written cancellation is received 14 days prior to course commencement ($200 non-refundable deposit will apply). If course cancelled due to unforeseen circumstances a full refund will apply.

CPD&E points: 70 points (14 points per weekend)

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Your Teacher:

Paul Movsesian has been in practice since 1986, having lived and worked in Australia and the USA. His interest in the Japanese style of acupuncture and moxibustion lead him to be trained by many various teachers, learning a wide range of treatment techniques.

Paul has lectured for many years in the USA, Canada, New Zealand. He brought the foundations of the Japanese styles to Australia in 1997.

Paul has had the privilege of studying in Japan over many years under the guidance of some of the greatest teachers in various styles. This includes:

- In the Moxibustion Tradition Shinma Hideo, son of Fukaya, who is one of the greatest moxibustionists of Japan and inventor of the bamboo tube.
- Hirato Motoshiro; who developed the slotted bamboo tube and shield moxa technique.
- Sakamoto Koichi; a fifth generation moxabustionist who has 150 year tradition in his family.
- Fukushima Tetsuya; skilled in Fukaya style.
- Hata Minae; who developed the Nepal Moxa Method.
- Yashikawa Masako; who developed the Yin Yang Taikyoku method.
- Sugiyama Isao; a classical acupuncturist.

Paul has also had various other teachers over the many years and he has continued to study and learn this specialised technique.

Currently, Paul is running a successful clinic in the Blue Mountains, and lectures extensively across Australia to practitioners and students. It is his passion to continue to share new treatment strategies and assist the development of skills to produce powerful clinical results.

Contact details:

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