

***Australasian Toyohari
Meridian Therapy Acupuncture
Program 2016
Melbourne, Victoria.***



***Presented by the
Australasian Branch of the Toyohari Association***

In co-operation with Helio Supply Company



TOYOHARI - EAST ASIAN NEEDLE THERAPY



Toyohari is a form of Keiraku Chiryō - Meridian Therapy. It is a theoretically simple but technically sophisticated complete system of acupuncture. It is different from most other forms of acupuncture in that it uses a more delicate treatment method, placing great emphasis on the use of pulse diagnosis and palpation skills. The Toyohari Association has developed quite unique training and teaching methods that can accelerate the learning of skills that usually take many years of practice to develop. Evolving out of earlier developments in Meridian Therapy in the 1930's and 1940's, the Toyohari Association was

founded by Kodo Fukushima in 1959. He and his colleagues decided that they needed to establish a separate Keiraku Chiryō organization to focus on helping other blind practitioners to study and practice. Since that time, the Toyohari Association has developed along their own path, innovating some quite new treatment methods, refinements in diagnostic and treatment techniques, a highly structured educational process, and training sighted students.

The Australasian Branch has developed a training program that follows the Tokyo and European based program. Graduation from the 120-hour (20 day) program entitles the graduate to join the Toyohari Association through one of its Australian or New Zealand branches and become a Registered Toyohari Practitioner (*Japan*). The principle purpose of the branches are to foster and improve clinical skills by providing ongoing study opportunities both in Branch study groups and study sessions with senior instructors in Japan, Europe and the USA. The Australasian Branch of the Toyohari Association has been established to provide the structure for these educational opportunities. Graduates will receive a certificate signed by the Australasian Branch and the Tokyo headquarters of the Association. Upon joining one of the branches, a certificate of registration will also be issued, which is renewed annually through the Australasian Branch.

Course applicants without prior qualifications in Traditional Chinese Medicine will be assessed for admission by an interview process. Required prerequisites include health science training in anatomy, physiology and pathology. Knowledge of oriental medicine theory, the channel system and point location are also expected. This course does not provide graduates with the qualifications to practice as a registered acupuncturist in Australia. Course graduates are responsible for their own practice requirements including insurance cover following the course.

WHAT YOU WILL LEARN

Diagnosis

The Four Sho Pattern Confirmation. This is based on five phase acupuncture theory and looking, touching, listening/smelling, and questioning diagnosis to determine the most vacuous root energetic pattern in the Qi balance system. Focusing especially on six position pulse and middle pulse diagnosis using the Generative and Controlling cycles, as well as touch diagnosis for the meridians and hara.

Kozato Method

This is a group study method used to improve ones needling techniques, point location and pulse evaluations. Within this section we also learn: Shisei - proper posture for optimal needling; Oshide and Sashide - training point location hand and needling hand; Live point location - this differs from the anatomical locations.

Needle Techniques and Root Treatment

Many techniques are either non-inserted or very shallow in accordance with the practitioner feeling the arrival of Qi. These will include - Ho (*supplementation*) technique; Basic Sha and 5 Sha (*dispersion*) techniques with three types (*ko, ken, jin*) for excess conditions arising from deficient Qi using dispersion within tonification to separate pathogenic Qi from healthy Qi and two types (*fu and gen*) for true excess arising from pathogenic Qi; Waho (*harmonizing*) technique used for stagnation of Qi; Sanshin (*contact needling*) techniques for whole body areas or meridians, as well as various other techniques.

Supportive and Branch Treatments

Kikei (*Extraordinary Vessels*) techniques using zinc and copper pellets; Shigo technique using a thirty gauge gold needle with the Chinese Clock theory; Naso and Muno techniques utilizing the neck, shoulder, inguinal and sacro areas for symptomatic relief; Okyu (*direct moxa*) and Chinetsukyu (*warming cone moxa*); Shiraku (*specialized microbleeding techniques*); Kyukaku (*specialized cupping techniques*); Enpishin (*press tack needle*); Hinaishin (*intradermal needle therapy*); and Ryu (*press spheres*).

Graduates will considerably improve their pulse and tactile diagnostic and assessment skills. ...Graduates will also develop a greater sense of qi sensitivity through applying the needling techniques of the Association. ...Graduates will learn a range of methods specifically aimed at relieving symptoms.

READING MATERIAL

Handouts will be provided.

- Required text will be "**Meridian Therapy**" by Kodo Fukushima.

Recommended reading will be:

- **Japanese Acupuncture: A Clinical Guide** by Stephen Birch and Junko Ida,
- **Japanese Classical Acupuncture: Introduction to Meridian Therapy**" by Shudo Denmei and Stephen Brown.

All books are available through Helio Supply and China Books.

WHAT YOU WILL NEED

Specialised tools needed will include silver needles and press spheres of silver, gold, zinc and copper.

Other needles will be the teishin, zanshin, enshin, intradermals, press tack, and microbleeding needle. Lastly, we will also work with the Japanese cups.

A kit made up of the basic tools needed to participate in the course and the required text “Meridian Therapy” will be included in the course fee and distributed at the course. This equipment will be supplied by Helio Supply. Code details for additional equipment is listed below.

Silver Needles 100 pack non sterile, non invasive	ASN1840
Magrain Silver press pellets/ spheres	ES03
Magrain Gold press pellets/ spheres	ES04
Magrain Stainless Steel press pellets/ spheres	ES06
Copper & Zinc press pellets/ spheres	JCP02
Teishin- solid silver with ball	JT15
Zanshin-silver	JZ22
Enshin-silver	JE20
Intradermal Needles 0.12 x 3mm	NI1203
Intradermal Needles 0.14 x 6mm	NI1406
AcuMaster Press Tacks	APT01
Vinco Press Tacks	PT3415
Shigo-Shin 0.30 x 40mm	JS10
Teishin Gold Platted Yanagishita	JT20
Teishin Copper	JT18
Lancets	BD05
Glass Cupping Set 14 cups with pump	CP81

Australasian Training Program Instructors

Paul Movsessian. Paul trained in the Toyohari system of Meridian Therapy in the USA, Japan and Europe under the guidance of such teachers as Akihiro Takai, Shuho Taniuchi, Koryo Nakada, Shozo Takahashi, and Toshio Yanagishita the late President of Japan's Toyohari Association. Paul is currently the Academic Dean and the founding former President of the Australasian Branch of the Toyohari Association, a Registered Academic Practitioner and a qualified teacher with the Toyohari Association.

Michael Hook. Michael has studied and researched Japanese acumoxa approaches for thirteen years. His exposure to moxa lore has been enriched by amongst others Stephen Birch and Koryo Nakada sensei. Michael is a registered acupuncturist with 17 years of clinical experience. After first becoming exposed to Japanese styles of acupuncture in 1998, he travelled first to England to further these studies followed by a year in Japan. Since that time he has regularly travelled back to Japan for further study within the Toyohari Association. He has also acted as translator, assistant teacher and teacher for many Toyohari seminars and courses in Australia and New Zealand.

Jolene Azzopardi. Toyohari Academic Practitioner practicing Toyohari Meridian Therapy since 2003.

Monika Habicht. Toyohari Academic Practitioner practicing Toyohari Meridian Therapy since 2003.

Over 60% of the program will involve hands-on practice of the various methods and techniques.

SCHEDULE OF DATES

The course will consist of 20 days (*120 hours in total*).

The course will begin 9 am and end 5pm on each weekend.

On completion of the course there will also exist opportunities to study with teachers from Japan at the national meeting in Brisbane in August, 2016 (*these costs are not covered in the course fee*).

Weekend 1: February 5, 6 & 7, 2016

Weekend 2: March 11, 12 & 13, 2016

Weekend 3: April 29, 30 & May 1, 2016

Weekend 4: May 27, 28 & 29, 2016

Weekend 5: June 17, 18 & 19, 2016

Weekend 6: July 8, 9 & 10, 2016

Weekend 7: July 30 & 31, 2016

LOCATION OF COURSE

Australian Shiatsu College

103 Evans St, Brunswick VIC 3056

COST

Total Payment: \$4400 (GST incl)

10% payment required to secure a place.

Payment plan available:

1st instalment \$440.00 to secure a place in the course - Due January 6 - non-refundable.

Once the course commences commitment to the full course fee is required.

2nd instalment \$1320 – Due Feb 10

3rd instalment \$1320 – Due April 6

4th instalment \$1320 - Due June 1

Please see the Registration form for more information.

REGISTRATION FORM

I wish to attend:

AUSTRALASIAN TOYOHARI MERIDIAN THERAPY ACUPUNCTURE PROGRAM 2016 A WORKSHOP SERIES

Name: _____

Address: _____

Telephone: _____

Email Address: _____

Oriental Medicine/Acupuncture training & experience

Methods of Payment:

DIRECT DEPOSIT

Westpac Bank

Account name: ABTA HQ

BSB: 032023 Account #: 252063

Payment Reference: Use your name and course start date

CREDIT CARD PAYMENT

via Pin Payments

TUITION POLICY

The Certificate course entails a series of workshops to study Toyohari Meridian Therapy and as such is a commitment to the entire training. The course is an integrated syllabus and as such absence from any of the weekends will significantly impact on the required competencies.

If you have registered to do the course, and your absence is unavoidable it is your (the student's) responsibility to cover the material in your own time.

I hereby agree to the tuition contract as outlined above

****Signed:** _____

Please forward the completed form, via **email** or **mail** to:

Email: courses@toyohari.org.au

Postal: 1 Arundel Street, Glebe, NSW, 2037

please email us to notify us of your registration form submission